

SUICIDE INTERVENTION GUIDE

1. TRUST YOUR SUSPICIONS

Refer to:

- Warning Signs
- Common Clues to Suicide

2. TALK DIRECTLY TO THE STUDENT AND ACKNOWLEDGE THAT THE STUDENT LOOKS “DOWN” OR “DEPRESSED”

Refer to:

- Glossary of Intervention Skills
- Non-Verbal Cues

3. ALLOW THE STUDENT TO DO THE TALKING. YOU ARE TO LISTEN CAREFULLY AND PRACTICE NONJUDGMENTAL RESPONSES

4. ASK THE STUDENT IF HE/SHE IS HAVING THOUGHTS OF SUICIDE

Refer to:

- Three Risk Factors (CPR)

5. DETERMINE THE LEVEL OF RISK: HIGH, MODERATE OR LOW

Refer to:

- Suicidal Risk Criteria
- Suicide Intervention Model: Phases of Intervention

6. NEVER PROMISE TO KEEP THE CONVERSATION A SECRET. YOU ARE ETHICALLY BOUND TO REPORT BEHAVIOR THAT MAY ENDANGER THE CHILD TO THE APPROPRIATE INDIVIDUALS AND AGENCIES

7. CONTACT SITE ADMINISTRATOR AND SCHOOL COUNSELOR IMMEDIATELY FOR THE APPROPRIATE INTERVENTION STEPS AS DICTATED IN YOUR SUICIDE PROTOCOL